

# SELF-TRANSCENDENCE RACE - 48h, 24h

26.7. – 28.7. 2013, Kladno, Sletiště athletic stadium



## Registration and entry fees:

We kindly ask you to fill out an attached registration form and send it to the following address by **July 12** latest: SCMT, c/o Madal Bal, Poděbradská 540/26, 190 93 Praha 9, Czech Republic. Entry fee is payable in cash at the registration.

fee:	till 12.7.	after 12.7.
48 h	60 EUR	65 EUR
48 h Relay	25 EUR/Runner	30 EUR/Runner
24 h	50 EUR	55 EUR
24 h Relay	20 EUR/Runner	25 EUR/Runner

**Course:** 1km course lap around an athletic stadium, almost flat with 1m rise. Lights at nights.

## Starts:

48 h – Fr 26th July.2013, 12.00 am

24 h – Sa 27th July.2013, 12.00 am

**Registrations:** start 90 min before each start and finish 30 min before the start. Final ceremony is scheduled approx. one hour after the race.

## Categories:

Men – open (18 and more), 50-59, 60-69, 70 and more

Women – open (18 and more), 50-59, 60-69, 70 and more

Relays – open (18 and more)

**Prices:** Trophies and beautiful prizes will be given to the first seven places in main open categories and to the first three places in other categories (veterans and relays).

**Services:** Refreshment station with a variety of warm and cool food and drinks, warm meal after the race. Medical station with a massage service. Showers, restrooms and other facilities of athletic stadium will be available during the race. Runners can place their own camping tables and chairs with personal belongings, food and drinks at a designated area.

**Relays:** For 48 hour and 24 hour races we also introduce relays in order to allow more people to try an ultramarathon race. Teams can have 2-3 runners.

**Directions:** Kladno is situated approx. 25km north-west from Prague. Coming from Prague via motorway E48 direction Karlovy Vary. Take the exit 16 to Velká Dobrá/606 and then continue to direction Kladno. After 3 km cross the railway and enter into the forest. After 300 m turn left on the first crossroad. You are already passing by the athletic stadium area. After approximately 100 hundred meters you will see a parking place. The athletic stadium is on left side.

## Accommodation:

During the race we provide accommodation in gym. In case you need to stay longer, here are some possibilities:

[http://www.mestokladno.cz/vismo/dokumenty2.asp?id\\_org=6506&id=1401511&p1=2100008979](http://www.mestokladno.cz/vismo/dokumenty2.asp?id_org=6506&id=1401511&p1=2100008979)

YMCA tel.: +420 312 247 725

**Contacts:** Viharín +420 603 177 566, Pataka +420 603 177 567, [paha@srichinmoyraces.org](mailto:paha@srichinmoyraces.org)

## ENTRY FORM\_ SELF-TRANSCENDENCE RACE 48 and 24 hours Kladno, July 26 - July 28 2013

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Nationality: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Sex:  M  F Running club: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ e-mail: \_\_\_\_\_ Date: \_\_\_\_\_

## I subscribe to:

- 48 hour race
- 48 hour race - relay
- 24 hour race
- 24 hour race – relay

T-shirt size  M  L  XL  XXL

**I declare that Sri Chinmoy Marathon Team is free of any liability for any injuries, accidents or damages to a property that may result from my participation in or attendance at this event.**

Signature: \_\_\_\_\_